SAGE-SENIORS PROGRAM CALENDAR SHARE, ACCESS, GATHER, EDUCATE



SAGE-Broadway Neighbourhood Centre 185 Young Street Winnipeg, MB

Sunday

Monday Tuesday Wednesday

Thusday

Friday

Saturday

NOTES:

TIME TRAVEL **TUESDAY** 1-3PM

Steppin up Club 1pm-3pm

Zumba CLASS with Grace 1pm-2pm **Book Club**

2-3pm

Coffee Club 1pm-3pm

6

Please be mindful of Program Coordinators after hours timeleave questions for program hours or email with inquiries:

patti@thebnc.ca

Cooking Class 10-12AM

No Program In lieu of pop up market 3-5:30PPM 11 **YOGA CLASS** with Abeth 1pm-2pm

12 **Pickle Ball** 1pm-3pm

13

15

22

Beading workshop **Jackie Roy TUESDAY 1-3PM**

Steppin up Club 1pm-3pm

18 Zumba CLASS with Grace 1pm-2pm

> **Book Club** 2-3pm

19

Pickle Ball 1pm-3pm

20

21

Cooking Class 10-12AM

24 No Program In lieu of pop up market 3-5:30PPM 25

YOGA CLASS

with Abeth 1pm-2pm

26

NO **PROGRAM**

WINTERRUPTION 2024 Good Will Social Club 2pm-5pm

Greg McPherson

28

WBCO/ SAGE Erik - Emergency Response Information Kit 1:30-3:30PM

Zentangle Art 1-3PM

Steppin up Club 1pm-3pm

Zumba CLASS with Grace 1pm-2pm

Book Club 2-3pm

Coffee Club 1pm-3pm





